



St Paul's Community Partnership

Annual Report for the period April 2016 – March 2017

This has been a good year I feel for St. Paul's.

Among our highlights of the past year was the launch of Warm Hubs.

'St Paul's Centre, which is based at Willington Quay, became home to the first official urban Warm Hub, with plans now in place to open a further seven hubs in Newcastle this year before the scheme is further rolled out across northern England.' (Press release from Northern Gas 29/3/17)



Warm Hubs was launched on February 14th in partnership with Northern Gas and Together Newcastle. Warm Hubs is a drop-in where people from the local community can meet together and enjoy each other's company, play games, do crafts, have tea, coffee, and a bowl of soup with bread. 17 people came along to the first drop-in, and numbers have increased with some weeks getting around 22-26 people coming along. It is proving to be a growing success and a great way of bringing people of all ages together from across our community.

Cont'd/...

St. Paul's Centre, George Street, Willington Quay NE28 6SL

Tel: 0191 2802594 Email: stpaulscentre@hotmail.co.uk

Web: stpaulscentre@btik.com





We hold a Messy Church service on the last Sunday of the month, and although numbers attending are small, the love and friendship found at our Messy Church is Massive. That love and friendship can be said about all of our groups here at St. Paul's where everyone is Welcome and Everyone is loved.

Willington Soup launched at our last Community Gathering and AGM in May 2016. Over 50 people attended the event and 3 groups pitched ideas which would benefit our community. A pitch by Kids Club received the most votes and was awarded the 'pot' of £150.00. But there were surprises in store when local Councillors and John Hamilton of R.W. Mann Trust offered grants to all the groups!



As a Centre for our Community we are providing a wide and varied programme of Groups, Events, and activities to suit all ages and we are continually looking at ways we can bring in new services, or improve our existing ones. New for 2017 is our "Triple Tuesday" which is a Toddler group, after-school Healthy Eating Club, and Kid's Club all running on Tuesday afternoon. These groups are intended to run alongside our existing children's and youth groups.

I would like to say a Massive **"Thank You"** to everyone, on behalf of our Management Committee. We will continue to look to the future and making a thriving community for all. God Bless.

Captain Stephen Ramshaw CA
Community Minister

Tai Chi

Ilona Tate, Tai Chi Tutor

In September, our Tai Chi group, who meet on Wednesday mornings at 10.30am, were officially taken on by St Paul's Community Partnership, after a successful grant application to the Victor Mann Trust. We had previously been part of Age UK's adult education service.

Since September, the group has felt very well supported by Angela and Stephen and this has given us a much-needed morale boost and has seen the number of people attending rise steadily. The group has begun to learn a new Tai Chi form called Phoenix in Graceful Clouds of Blessing, which everyone has embraced with enthusiasm and interest. The



classes are good fun, the movements are smooth and flowing and very relaxing, helping all participants to feel a greater sense of well being.

We are hoping to encourage yet more people from the local community to give Tai Chi at St Paul's a try!

St. Paul's Youth Club

Warren Crane, Youth Worker

This has been a very busy year! A whole range of things have happened and the young people have had many opportunities to get involved in new and exciting activities... At the start of the year we did some sessions with the Red Cross and a group of young people were awarded First Aid Certificates. We did some Circus Skills workshops and tried our hand at plate spinning, juggling, uni-cycling and, those brave enough, tried the wibbly-wobbly board of death! As well as being good fun, these sessions helped with confidence skills and techniques.

Throughout the year we continued to cook and eat together almost every week. We decide together what we would like then take it in turns to do the cooking, washing up etc.

Another regular activity we enjoy is badminton – it's a great way to keep fit!

Highlights of this year have been:

- Working with the Road Respect team to look at dangers to young people on our busy roads. We tried driving in a simulator and helped to write, act and film a short video which received over 3000 views when it was posted on the Road Respect Facebook page!
- A residential at Dukeshouse Wood Activity Centre in Hexham, where we did high-ropes courses, 3G swing, shelter building and night-line team games. It was a chance to get to know each other better whilst enjoying a break away from home. We also had to overcome a few fears with some of the challenges!
- Participating in an in-depth research project by YMCA England around Body Confidence in young people. A small group of young people met with researchers and were interviewed on a whole range of issues such as: fashion and stereotypes, wearing make-up, the impact of the media in youth culture, pressures young people feel to conform and fit in. The research resulted in YMCA England producing a book and tool kit which is now available for schools nationwide to use in lessons - it gives tips on how to engage with young people about this difficult subject. Those involved in the research received high praise from the researchers!
- Six young people were allowed time away from school/college to meet with young people from Athens and Bratislava who were visiting North Tyneside as part of the Erasmus International Youth Exchange programme.

The visit included activities, workshops and trips; it was a great opportunity to meet together and discuss a whole range of issues currently affecting young people all over the world. The week ended with everyone involved attending a Youth Summit at YMCA North Tyneside where plans were made for the future, including the opportunity for those involved to make a return trip to Athens in November 2017 and Bratislava in March 2018. One of our young people is now working with an Athenian young woman to create a website that will highlight aspects of the 2016, 2017 and 2018 trips; the website is due to be launched during the Athens trip in November 2017.



Come and join us, new members are always welcome!

We meet at St. Paul's Centre on Thursdays, 6-8pm

Kids Club

Kids Club meets every Thursday from 4.00-6.00pm and continues to attract up to 20 children per session. The session is run by a partnership of volunteers from St. Paul's Centre and Youth Workers from NE Youth.



The children take part in various activities ranging from board games, computer games, arts and crafts and sports. There is also a tuck shop every week which includes some cooked food.



In August we enjoyed our annual holiday to High Borran's in the Lake District. 23 children, 10 young leaders and 7 adult volunteers enjoyed a fantastic week of activities including: abseiling, canoeing, ghyll scrambling and rock climbing. The benefits of experiencing an environment so different to 'home' were immense and we all had a lot of fun! Next year we are hoping to go to Dukeshouse Wood in Northumberland.

Digi Drop-In

Dot Owston, IT Tutor

The Digi Drop-In continues to be extremely successful and Wednesday's at St. Paul's continue to be very busy! We have offered advice and guidance on subjects including: Better Off Benefit Calculations, How to Save on Utility Suppliers, help with CVs and completing forms online etc.

Since November 2016 we have had a diverse range of clients;, 62 in total.

- All who have attended have improved their digital skills.
- 39 clients have gained a L2 accredited qualification in Food Hygiene
- 27 clients have gained a L2 accredited qualification in Health and Safety in the Workplace
- Most importantly **14 clients have found work.**

These results evidence that this much-needed project *must* continue at St Pauls. But, as is the case in lots of other organisations, it is entirely dependent on funding. We will continue to actively work towards further funding for the benefit of the community of Willington Quay and surrounding areas.



St. Paul's Community Garden



WOW....What a fantastic first year we've had in the community garden! We started with just 3 raised beds and had quite a good crop, ranging from potatoes and carrots to coriander and thyme.

Thanks to Grow & Eat, North Tyneside, we had 4 additional raised beds installed and filled. Vegetable and flower seeds have been planted we just need for the great British weather to shine and St Pauls will be blooming!

Hopefully a legacy has started; we would like to transform these grounds into a bustling community food basket.

Julie Robertson



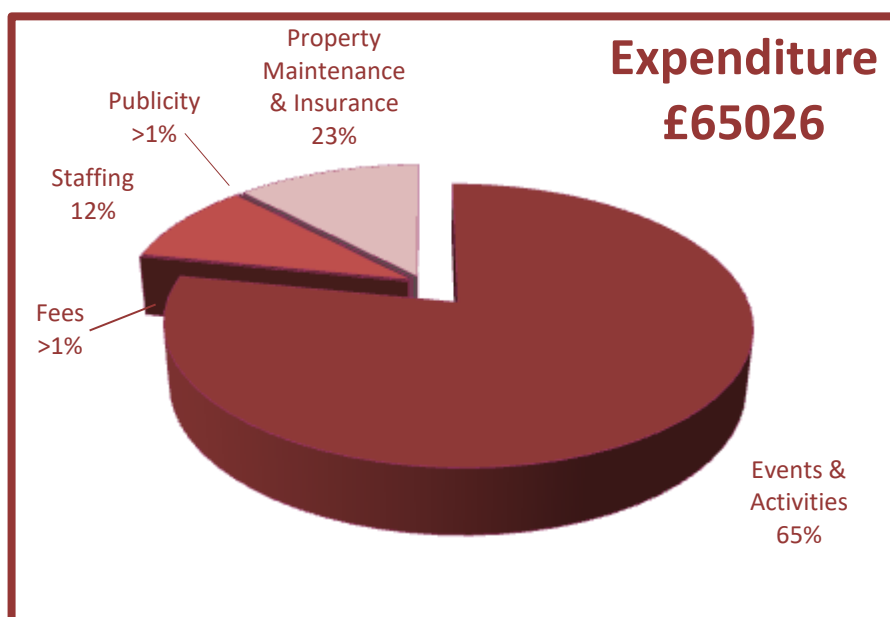
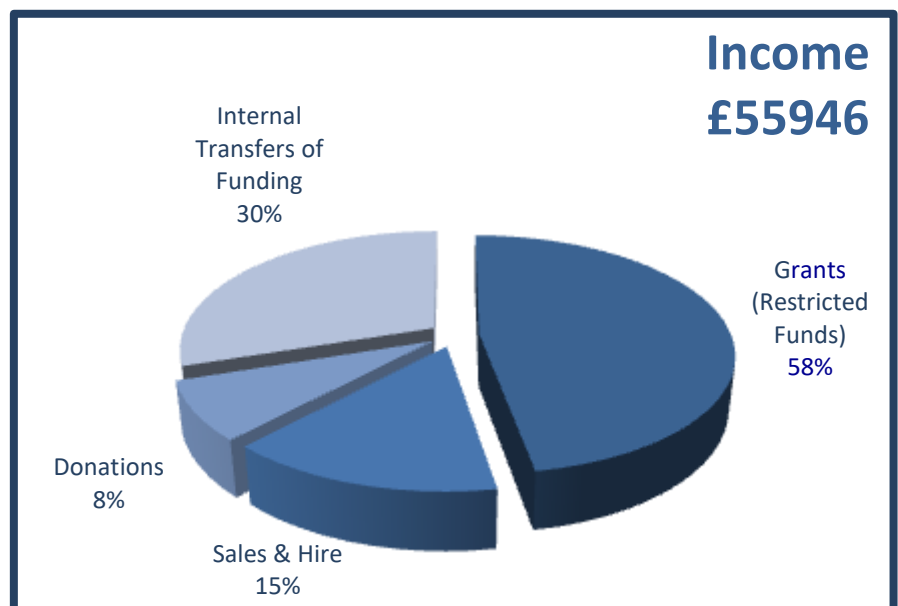
Funding & Finance

St. Paul's Community Partnership would like to say a huge "Thank You" to all those who have supported our work financially. This year, in addition to private donations, we have received grants from the following organisations:

- Big Lottery
- Community Foundation
- Grow & Eat, North Tyneside
- Henry Smith Charity
- North Tyneside Council
- North Tyneside Local Councillors
- Northern Gas Networks
- R.W. Mann Trust
- Sir James Knott
- St. Hilda's Trust
- Tyne Tunnel 2 Ltd
- Victor Mann Trust

St. Paul's Community Partnership Annual Accounts Summary 2016/17

Opening balance
at 01/04/2016
£34431



Closing balance
at 31/03/2017
£25351



Weekly Activities at St. Paul's Centre George St., Willington Quay, NE28 6SL

MON	10am-12.noon	Coffee & Craft	An opportunity to make new friends and learn new skills. Materials provided, or bring along your own project.	£2.00
TUES	8.30-9am	Morning Prayer	A short service of prayer and reflection to start the day.	FREE
	10am-2pm	Tuesday Drop-in	A place for the community to meet together, to chat, to listen, to enjoy each other's company. Drop in for a cuppa or a bowl of soup.	FREE <i>(donations welcome)</i>
	2pm	Parents/Carers & Toddler Group	Play, sing-a-long, learn, have fun! Includes healthy refreshments: juice and fruit.	£1.00 per child
	3.30pm	Healthy Eating Club	Everyone is welcome to join us for a 3-course meal. Ideal for all ages but children must be accompanied by a responsible adult.	£1.00 Per person
	5-6pm	St. Paul's Kids Club	A time for parents/carers and their children. Fun and laughter for all! Please note: all children must be accompanied by a responsible adult.	50p per child
WED	10am-4pm	Digi Drop-in	Discover the online world and improve your digital skills. Get help with job applications, CVs, interview techniques etc. Learn how to manage your money online, stay healthy online and shopping/banking online. Get qualified with a selection of online courses including: Level 2 Food Handling and Level 2 Health & Safety in the Workplace	FREE
	10.30-11.30am	Tai Chi	Gentle. Relaxed exercise	£3.00
	12noon-1pm	Bacon Butty Break	Last Wednesday of the month, pre-booking essential: 01912802594 Time to chill out and enjoy good company over a bacon butty and a cuppa.	£1.50 (butty & cuppa)
	1.30-3pm	Home League	Group for all those aged 18+	£1.00
	5.45-7.15pm	Brownies	Popular activities group for girls aged 7-10	Subs charged
	7.30-9pm	Guides	Popular activities group for girls aged 10-14	Subs charged
THUR	4.30-6pm	Kids Club	Games and activities for 5-13 year olds. (Under 8's must be supervised by a parent/carer)	25p
	6-8pm	Young People's Drop-in	Activities for High School age young people.	FREE
FRI	1.30-3pm	Line Dancing	Gentle, musical exercise	£2.00
SAT	Centre available to hire for parties and special events. Bookings: 0191 280 2594 or email: stpaulscentre@hotmail.co.uk			
SUN	11.30-12noon	Northern Oak Credit Union	Available fortnightly, membership required. Loans and savings.	
	4-5.30pm	Messy Church	(Last Sunday of each month) A very different and relaxed experience of church for all the family. Often includes a bring-and-share tea.	
	6-6.30pm	Prayer Space	A quiet time to gather your thoughts and pray for your concerns.	

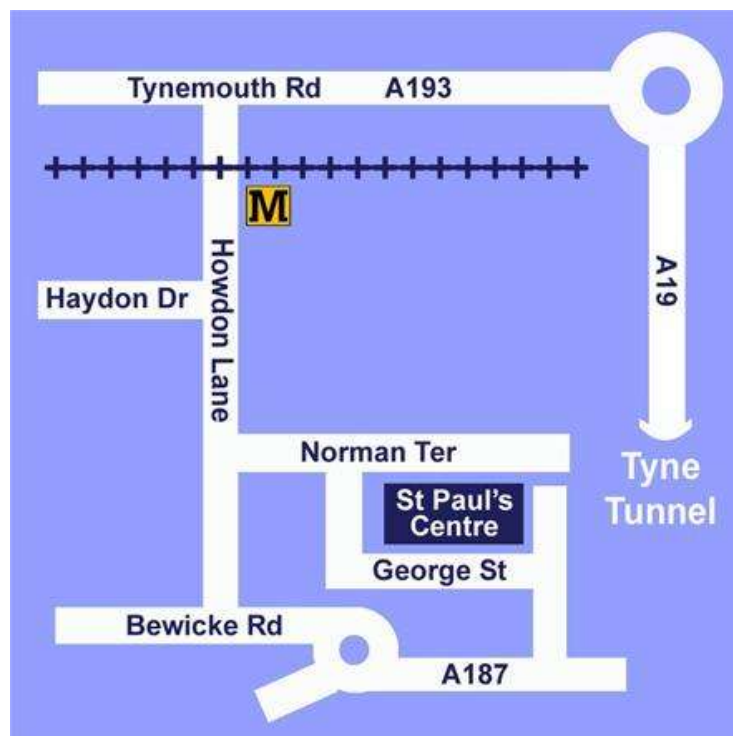
We are grateful to the following organisations for their ongoing support:

- Church Army
- Community Ventures
- Diocese of Newcastle
- Together Newcastle

And for our Management Committee who give so much of their time, talents and energy behind the scenes:

Chairperson:	Stephen Ramshaw
Treasurer:	Julie Robertson
Trustees:	Sheila Davison
	Sue McCormack
	Vicky Cowley
	Yvonne Webster
Co-opted Committee Members:	Ann Nuttall
	Peter Spark

If you would like to get involved in any of the groups/activities at St. Paul's, or if you have an idea for something new, please get in touch, we'd love to hear from you!



St. Paul's Centre is located on George Street, Willington Quay. NE28 6SL
Tel: 0191 280 2594 Email: stpaulscentre@hotmail.co.uk